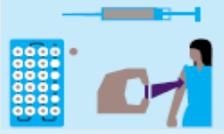
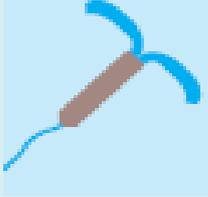
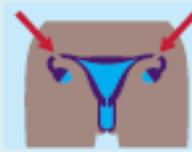


Checklist for procedures: Focus on PAFP

Pre-procedure	1. Take client history		Ask about current use of family planning
	2. Discuss CAC options		Ask about fertility intentions of client
	3. Discuss contraception		Ask about relationship status and partner support for contraceptive use
			Discuss previous experiences of family planning methods
	4. Complete bimanual pelvic and speculum exams		Discuss client's contraceptive preferences for convenience of use (e.g. whether repeat visits to clinic are required) and side effects (e.g. changes to bleeding)
	5. Take pregnancy test, as indicated		Consider medical eligibility for PAFP options
	6. Assess risk of STIs and treat syndromically, as indicated		Discuss PAFP options based on client's preferences and medical eligibility
	7. Confirm client eligibility and take informed consent		Check whether client has any questions
8. Fill in reproductive health client card		Informed consent form is signed if client wants to receive a family planning method	
Procedure: Conduct surgical procedure, or administer medical CAC drugs according to MSK guidelines			
Post-procedure	1. Disposal of waste		
	2. If surgical CAC, or medical CAC for >9 weeks, monitor and record vital signs, and administer analgesia and antibiotics appropriately		Provide or insert the client's family planning method of choice
	3. Provide or arrange PAFP based on client choice		Inform the client about how to use the method, side effects (these often go away after a few months), and what to do in the case of complications and side effects
	4. If MA for <9 weeks, give client mifepristone dose, verbal and written instructions on how to take misoprostol, pain killers, what to expect, and an emergency phone number		Advise client to return as soon as possible for contraception, if the client is unable to have a method inserted on the same day (e.g. if medical CAC client wants an IUD or tubal ligation)
	5. Ensure reproductive health client card is completely filled		
	6. Assess client for discharge and provide information		
	7. Document client visit in the CAC register		

A quick guide to PAFP options

Method	When to start?		
	Medical CAC any gestation	Surgical CAC < 12 weeks gestation	Surgical CAC > 12 weeks gestation
Hormonal: Pills, Implants, Injections (1) 	Immediately with first dose (mifepristone or misoprostol depending on regimen used)	Immediately at the end of complete uterine evacuation	Immediately at the end of complete uterine evacuation
Intra-Uterine Devices: Copper-IUDs (2) LNG-IUDs (3) 	After confirming completion of CAC	Immediately at the end of complete uterine evacuation	Immediately at the end of complete uterine evacuation <i>Advise client of small additional risk of expulsion</i> <i>Delay IUD insertion if there is infection or other complications</i>
Barrier methods: male and female condoms, diaphragm/cap 	As soon as sexual contact resumes	As soon as sexual contact resumes	As soon as sexual contact resumes <i>Diaphragm/cap use should be delayed for six weeks and another method should be used in the interim</i>
Permanent method: Tubal ligation - mini laparotomy and laparoscopic <i>Client should have made an informed decision in advance</i> 	After confirming completion of CAC	Immediately at the end of complete uterine evacuation	Immediately at the end of complete uterine evacuation <i>Laparoscopic tubal ligation should be delayed for six weeks and another method used in the interim</i>
Permanent method: Vasectomy <i>Client should be advised to use another method for three months (male sterilisation is not immediately effective)</i> 	At any time	At any time	At any time

(1) Hormonal methods- If more than 7 days after first or second trimester CAC then exclude pregnancy and use a backup method for 7 days

(2) Copper-IUD - if more than 12 days after a first or second trimester CAC, insert anytime that pregnancy can be excluded

(3) LNG IUD - if more than 7 days since a first or second trimester CAC, insert anytime that pregnancy can be excluded; a backup method is needed for 7 days after insertion